

AQA GCSE Biology (Higher) For the Summer 2022 Exams

Flashcard Notes - 2.2.5 Health Issues

Copy the questions and answers below onto flashcards and use them to test yourself.

What is health?

Health is the state of physical and mental well-being.

What are the two types of diseases?

The two types of diseases are communicable and non-communicable diseases.

What is a communicable disease?

A communicable disease is a disease which can be transmitted directly from one person to another.

What is a non-communicable disease?

A non-communicable disease is a disease which cannot be transmitted directly from one person to another.

What factors can affect health?

Health can be affected by:

- Diseases - communicable and non-communicable
- Diet
- Stress
- Life situations

What are some examples of interactions between different types of diseases?

The following are all examples of interactions between different types of diseases:

- Defects in the immune system make a person more likely to suffer from infectious diseases.
- Viruses living in cells can trigger cancer.
- Immune reactions initially caused by a pathogen can trigger allergies such as skin rashes and asthma.
- Severe physical ill health can lead to depression and other mental illness.